



Alex McDonald, MD – Bio.



Dr. Alex McDonald MD, CASQM, FAAFP is a Family physician, Sports Medicine specialist, researcher and thought leader in the fields of physical activity, physician advocacy as well as health equity and policy. Dr. McDonald holds a BA from Connecticut College as well as his medical Degree of the University of Vermont Larnar College of Medicine. He completed his medical internship at Duke University, Family Medicine residency and Sports Medicine Fellowship at Southern California Kaiser Permanente Fontana, CA.

Dr. McDonald currently is a member of the Southern California Permanente Medical Group (SCPMG) in Fontana, CA where he is involved with family

medicine resident and sports fellow graduate medical education. He is a Clinical professor at the Kaiser Permanente School of Medicine and serves on the board of the San Bernardino County Medical society, California Academy of Family Physician New Physician Board member, SCPMG Government Relations Committee as well as Alternate Delegate of the California Medical Association House of Delegates. Dr. McDonald is also a member of the California Academy of Family Physician Legislative Affairs Committee. He is the immediate past Chair of the American Academy of Family Physicians National Conference in Kansas City, MO as well as presided as Chair over the Resident and Student Congress'. Dr. McDonald also served the American Academy of Family Physicians Commission on Education as well as Delegate to the Congress of Delegates. He is an active member of the American College of Sports Medicine as well as American Society for Sports Medicine. Furthermore, he is an advisor to the newly created Kaiser Permanente School of Medicine as well as served on the School's LCME Executive Self Study Taskforce.

He serves as the team physician for the California State University of San Bernardino and Upland High School.

Dr. McDonald lives with his wife, who is an Adult, Child and Adolescent Psychiatrist also with SCPMG, 3 children and 2 dogs. He enjoys running riding his bike, cooking, coffee and 8pm dance parties with his kids.